

Serial No.	Categories	Situations where air travel is not appropriate	
1	Pregnant	Passengers who are at least 36 weeks pregnant, those whose due date is approaching but cannot be accurately determined, those known to be carrying multiple fetuses or expected to experience delivery complications, those who have given birth within the past 7 days, those who had a difficult or premature delivery and were deemed medically unfit to fly.	
2	Infant	Infants born within 14 days of delivery and premature infants (defined as those born between 28 and 37 weeks of gestation) who are less than 90 days old.	
3	Drunken Passengers	Individuals who have consumed excessive amounts of alcohol and are unable to maintain a conscious level of self-control.	
4	Passengers with Infectious Diseases	If a traveller has an infectious disease that poses an immediate threat to the physical health or safety of other travellers and effective measures cannot control the transmission.	
5	Passengers with Medical Conditions	Surgical Patients	(1) Patients who have undergone chest and abdominal surgery or gastrointestinal surgery within the last 10 days; (2) Patients who have undergone head surgery, eye surgery, or otolaryngology surgery within the last 15 days; (3) Patients with tetanus or gas gangrene; (4) Patients who have undergone pneumoencephalography within the last 30 days due to encephalitis or tumours; Individuals with any of the above conditions should avoid taking commercial flights.
		ENT Diseases	(1) Tonsillectomy; (2) Severe otitis media with blocked eustachian tubes; (3) Acute exudative inflammation of the ear and nose; (4) Patients who have undergone middle ear surgery within the last 30 days; (5) People with severe sinusitis and nasal ventilation disorders; (6) People with decayed teeth or wounds that have not healed after tooth extraction; Individuals with any of the above conditions should avoid taking commercial flights.
		Cardiovascular Diseases	(1) Patients with hypertension whose systolic blood pressure exceeds 24KPa (180mmHg) and/or diastolic blood pressure exceeds 17.4KPa (130mmHg); (2) Patients who have experienced severe heart failure or myocarditis within the past month; (3) Patients who have had a myocardial infarction within the past 6 weeks; (4) Patients who experience frequent attacks of angina pectoris and severe arrhythmia within 30 days; (5) Patients who have had a cerebrovascular accident (cerebral infarction or cerebral haemorrhage) within the past 2 weeks; (6) Patients suffering from cardiovascular diseases may experience relapses or worsening of their conditions due to mild lack of oxygen in the air, especially those with cardiac insufficiency, myocardial hypoxia, myocardial infarction, and severe hypertension; Individuals with any of the above conditions should avoid taking commercial flights.
		Cerebrovascular Diseases	Patients suffering from cerebral embolism, cerebral haemorrhage, brain tumours, traumatic brain injury, or skull fractures accompanied by coma or irregular respiratory rhythm, as well as those with cerebral inflammation, tumours, or who have undergone pneumoencephalography within the last 30 days, are advised against air travel. The noise, vibration, and lack of oxygen during aircraft take-off and landing can exacerbate their conditions.
		Respiratory Diseases	Patients with severe bronchial asthma, pulmonary tuberculosis cavities, emphysema, pulmonary heart disease with pulmonary insufficiency, large mediastinal tumours, congenital pneumothorax, and lobectomy may experience worsened conditions during flight due to gas expansion. Patients with spontaneous pneumothorax, pneumothorax, hemopneumothorax, exudative pleurisy and respiratory dysfunction within the past 30 days; Individuals with any of the above

	conditions should avoid taking commercial flights.
Digestive Diseases	Patients with upper gastrointestinal haemorrhage, deep ulcers in the gastrointestinal tract, or acute appendicitis should not take commercial flights. Patients with gastrointestinal haemorrhage should wait for at least 3 weeks after the bleeding has stopped.
Fracture	Patients who are utilizing plaster casts for fracture fixation, undergoing fracture traction treatment, or have undergone mandibular bone fixation surgery are prohibited from taking commercial flights.
Prosthesis	Certain prostheses are powered by small carbon dioxide cylinders, and passengers who use such prostheses are prohibited from taking commercial flights according to the IATA Dangerous Goods Regulations.
Paralyses	Patients with quadriplegia or high paraplegia should not take commercial flights during the acute phase.
Diabetes	Patients in diabetic coma should not take commercial flights.
Hypoglycaemia	Patients who fainted due to hypoglycaemia should not take commercial flights.
Severe Anaemia	Patients who suffer from severe anaemia, traumatic massive bleeding, or have a haemoglobin level below 60G/L are not suitable to take commercial flights.
Mental Disorders	Patients with manic psychosis are prohibited from taking commercial flights due to the potential threat they may pose to other passengers; It is not recommended for other psychotic patients to take commercial flights as the aviation atmosphere may trigger acute attacks of the disease.
Epilepsy	Epilepsy patients should not take commercial flights as the aviation atmosphere may trigger acute attacks of the disease.
Intoxication	People who are under the influence of alcohol, narcotics, or other drugs should not take commercial flights.

		Others	<ol style="list-style-type: none"> 1. Patients presenting with severe symptoms such as haemoptysis, haematemesis, haemorrhage and moaning; 2. Patients with severe facial trauma or special circumstances that may unsettle other passengers; 3. Patients in a state of emergency treatment for shock, coma and intracranial hypertension; 4. Patients with extra-large tumours accompanied by gas accumulation, intestinal obstruction, or damage to organs or tissues of the brain, abdomen, or eyeball, etc. 5. Patients with craniocerebral injury or skull fracture accompanied by coma or irregular respiratory rhythm; <p>Individuals with any of the above conditions should avoid taking commercial flights.</p>
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The above information is provided for reference purposes only. It is advisable to consult with a personal physician to determine if air travel is appropriate.
For any inquiries or feedback, please visit Hainan Airlines' official website at www.hnair.com or contact the Hainan Airlines Customer Service Hotline at 95339.

Hainan Airlines Holding Co., Ltd.